



BREAKFAST OPEN - 11:30 AM

Bagel with a Shmear

Choice of plain or chive cream cheese.
With Nova cream cheese add \$1

2.99

Bagel, Nova Scotia Salmon, Cream Cheese

Meyer prefers this with butter and a thin slice of Vidalia onion.

11.99

Breakfast Bagel

Egg, cheese with a choice of American, Swiss, or muenster.
Add one deli meat \$2

5.99

Matzah Brei

Just like Mama Meyer makes!
Add an extra egg to boost protein \$1
Close your eyes and it's Grandma in the kitchen!

8.99

Two Eggs any Style

Served with fresh fruit or home fries and a choice of seeded, unseeded rye, or a bagel.

7.99

Vegetable Omelette

Tomato, onion, peppers, mushrooms.
Served with fresh fruit or home fries and
a choice of seeded, unseeded rye, or a bagel.

8.99

N.E.O.

Nova Scotia salmon, scrambled eggs with onions.
Served with fresh fruit or home fries and a
choice of seeded, unseeded rye, or a bagel.

11.99

Deli Omelette

Pick one meat and one cheese. Choose from pastrami, corned beef, brisket, turkey, salami or bologna, and Swiss, American, or muenster. Additional items add \$1. Served with fresh fruit or home fries and a choice of seeded, unseeded rye, or a bagel.

10.99

Challah French Toast

Sol's special egg batter, grilled golden brown. Add strawberries or blueberries \$2.

8.99

Sol Meyer's Stuffed French Toast Sensation

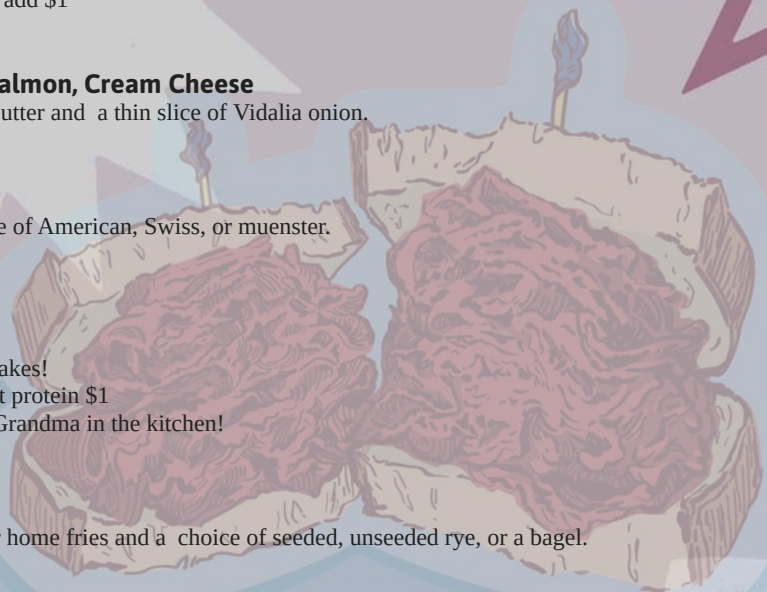
Sol's special egg battered challah, grilled golden brown and then stuffed with sweet cream cheese and topped with berries or preserves. Simply delectable! They wait on line around the block at Serendipity in NYC for this very item!!!

11.99

Homemade Cheese Blintzes

Delicate vanilla infused thin crepes coddling a sweetened farmer cheese with preserves on top. They even look good on our deli wall. Add cherry or blueberry preserves \$2. We think they are better than Ratner's Delancey Street. Indulge. It is worth it!

10.99



Sol Meyer
NY DELICATESSEN

APPETIZERS

Sol's Famous Chopped Liver

Only 100% chicken liver is good enough for the best chopped liver anywhere. Warning: may induce a state of euphoria and ecstasy.

9.99

Pan Fried or Steamed Meat Kreplach

Polish Nirvana. Marta's best! Delicious dough with meat filling (5).

9.99

Pan Fried or Steamed Cheese Kreplach

Filled with yummy sweetened farmer cheese (5). Jewish dim sum. Meyer's favorite!

8.99

Pan Fried or Steamed Potato Pierogon

Filled with delicious mashed potato and onion. (5). Sour cream on the side. Jewish dim sum.

8.99

Kishka (Stuffed Derma)

Various grains and seasonings in a delicious casing. Goes well with Sol's special brown gravy. Don't check your cholesterol for at least a week but every bite is soul-satisfyingly delicious. Sol's favorite!

8.99

Egg Barley Farfel with Mushrooms

Barley, mushrooms, butter, or brown gravy. YUM!

6.99

Kasha Varniskas

Buckwheat, fried onions, bow tie pasta Are you a fan? You will be!

6.99

Eastern European Eggplant Salad

A Russian roasted chopped eggplant with olive oil and onions lightly seasoned. To die for! Mama and Papa Meyer's favorite. Great for a diet as well!

6.99

Potato Latkes

Chanukah comes 365 days-a-year at Sol Meyer NY Delicatessen! Two generous sized Latkes served with sour cream and apple sauce.

6.99

Homemade Potato, Kasha, Spinach or Meat knish

Chef Sol's prized hand made, hearth baked puffs of deliciousness. If you have never tried one you are missing something tremendous.

5.99

Gabila's Coney Island Square Knish

An old classic. Deep fried. Hard-core fans will settle for nothing else!

5.99

Hebrew National All Beef Hot Dog

The King of hot dogs. All beef, Kosher. Add sauerkraut or NY onion \$.75.

4.99

Knish Dog

Best of both worlds!

7.99

Baked Beans

makes a complete meal when paired with our King of Hot Dogs.

4.99



Sol Meyer
NY DELICATESSEN

SOUP

Chef Sol's Chicken Soup

Served with carrots, onions, celery & egg noodle. "Jewish Penicillin" rumored to have curative and restorative properties. A "Goldener Yoch" A GOLDEN BOWL OF WONDER.

Matzo Balls or Kreplach

Served with carrots, onions, celery, egg noodle with matzo balls (Ours are filled with flavor, light and airy) or kreplach (addictive little meat dumplings).

Everything

It's all in there! That's why it will not fit in a cup!

Soup of the Day

All made from scratch. No canned soup in this restaurant please!

cup

4.99

bowl

6.99

5.99

7.99

4.99

6.99

SALADS

Choice of dressing: Ranch, Russian, Blue Cheese, Vinaigrette, Oil & Vinegar

House Salad

Mixed greens, tomatoes, onion, carrots, olives.
Choice of tuna, chicken, eggplant, or egg salad add \$3
Choice of whitefish or baked salmon salad add \$5

side 6.99 full 8.99

House Chopped Salad

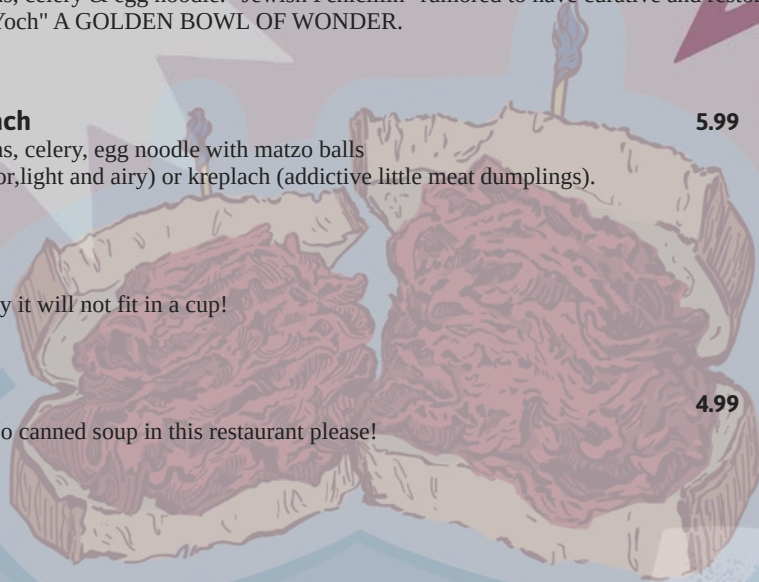
Turkey, Roast beef, hard boiled egg, mixed greens, tomatoes, onions, Swiss cheese, cucumber.

13.99

Chef Salad

Roast beef, salami, turkey, Swiss cheese, iceberg lettuce, green peppers, onions, carrots and hard boiled egg.

13.99



NY DELICATESSEN

HOMEMADE DELI SANDWICHES

All sandwiches are served on seeded or unseeded rye with a choice of coleslaw, potato salad, or macaroni salad substitute fresh fruit add \$1. American, Swiss, or muenster cheese add \$1. Club roll, kaiser roll, or bagel add \$1.

Brisket, Corned beef, Pastrami *First Cut or Extra Lean add \$2*

YOUR CHOICE

Deli

Gezuntah

The Gezuntah: only a growing boy or girl can defeat our high and wide NY deli-sized sandwich with twice the meat.

PASTRAMI - THE KING OF DELI MEATS

👑 The Classic

The best of the best. Made to our exacting specifications in New York City. The traditional flavor and taste with a peppercorn crust. You will lick your fingers!

13.99

23.99

👑 The Connoisseur

A pastrami lover's pastrami for mavens of this delicious meat. Slightly more marbling and spice to create a smokier taste that has been rumored to produce giddy laughter and smiles.

14.99

24.99

Corned Beef

Brined to our specification. Will make any Irishman proud.

12.99

22.99

Roasted Brisket

Sol's homemade recipe. Tender, moist, fantastic!

12.99

22.99

Roast Beef

Slow roasted to perfection. Black Angus, top round. The best!

12.99

22.99

Turkey

Slow roasted. Made from the whole bird of course!

11.99

21.99

Tongue

What kind of NY Deli would we be without tongue? Very tasty, try it you will like it.

12.99

22.99

All Beef Salami

Hebrew National. They answer to a higher authority.

10.99

20.99

All Beef Bologna

Hebrew National of course!!!

10.99

20.99

Sol's Famous Chopped Liver

10.99

20.99

Chicken Salad

9.99

19.99

Egg Salad

8.99

18.99

Tuna Salad

8.99

18.99



NY DELICATESSEN

SPECIAL DELI SANDWICHES

Claudia Rubin

Corned Beef, sauerkraut, Russian dressing, Swiss cheese on grilled rye bread. Just like the Pastrami King from Queens Boulevard, NY.

13.99

Papa Fred Meyer

Pastrami, coleslaw, Russian dressing, Swiss cheese on rye bread. This recipe dates back to the Russian revolution.

14.99

The Sammy

Corned Beef, Pastrami. This sandwich shuts her up and that's a feat!

14.99

Brother Randy

Corned Beef, Turkey, Russian dressing, coleslaw. Guaranteed to improve your tennis serve!!

12.99

Uncle Larry

Tongue, Corned Beef. As good as a Cuban cigar, but don't tell Aunt Sherry.

13.99

Dr. Meyer

Chopped Liver, Pastrami. Life is short. Live a little!

13.99

Brother Adam

Pastrami, Turkey, Swiss cheese. A new dad knows just what to eat to keep his strength up!

13.99

Aunt Sherry

Latkes, Brisket, coleslaw. Aunt Sherry would pair this with a Sol Meyer spritzer; she doesn't care what Uncle Larry thinks!

14.99

King Sol

Open-faced Latkes & Brisket with gravy...Speaks for itself! The Boss's favorite.

14.99

The Judi

Build Your Own. Named for our patron saint who can turn dreams into reality.

14.99

Sacha & Noah's Twin Doubles

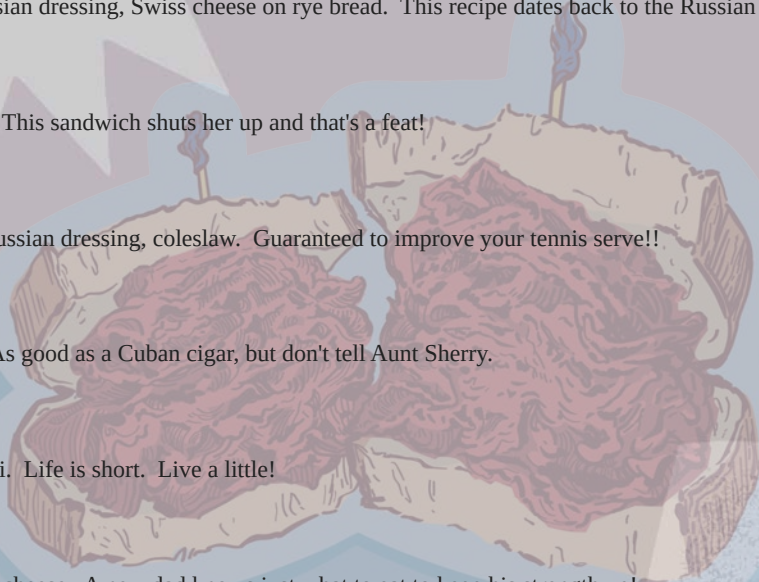
Your choice of meats on club rolls. High octane protein yin & yang, frick & frack, business & art, money & passion, conquering national politics & conquering Broadway. That about sums it up! Meyer's favorite.

15.99

The Marta

Tuna, lettuce, tomato, onion. Now you know how she keeps her size 000 figure!

10.99



DELI SALAD PLATTERS

Choice of chicken, chopped liver, egg, eggplant, or tuna on a bed of lettuce with tomatoes, onion slices, olives, with potato salad and coleslaw.

Substitute Fresh Fruit \$1

Substitute whitefish salad or baked salmon salad \$3

Choose One 12.99

Choose Two 14.99

Choose Three 16.99

MEAT PLATTERS

Bologna, brisket, corned beef, roast beef, pastrami, salami, turkey, tongue.
Served with potato salad and coleslaw.

First Cut add \$2 Substitute Fresh Fruit add \$1

Choose One 15.99

Choose Two 17.99

Choose Three 19.99

FISH PLATTERS

We proudly serve Acme fish from The Bronx, NY
baked salmon, Nova Scotia salmon, pickled herring, whitefish.

All fish platters served with lettuce, tomatoes, onion slices,
cream cheese and a toasted bagel.

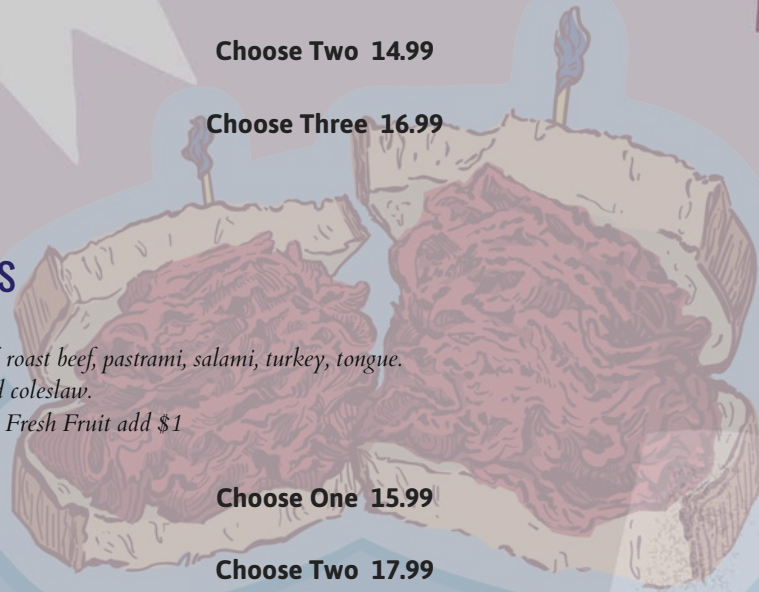
Choose One 15.99

Choose Two 18.99

Choose Three 21.99

🐟 Kipperd Salmon, Sable, Smoked Sturgeon
When available.

Market Price



TRADITIONAL SPECIALTIES

Stuffed Cabbage

Traditionally delicious with an updated 21st Century sweet and sour sauce. Served with a choice of two sides.

16.99

Homemade Cheese Blintzes

Delicate vanilla infused thin crepes coddling a sweetened farmer cheese with preserves on top. They even look good on our deli wall. Add cherry or blueberry preserves \$2.

10.99

Meatballs

In brown gravy- Chef Sol's blend or sweet & sour sauce. Served with a choice of two sides.

15.99

Braised Flanken Short Ribs

Black Angus beef slowly braised in Chef Sol's homemade stock, hearty fare. Finger licking good! Served with a choice of two sides.

18.99

* Chopped Steak

Black Angus ground sirloin a gezuntah portion! Served with sautéed mushrooms and onions. Served with a choice of two sides.

16.99

Roast Brisket with Latkes & Gravy

Black Angus beef seasoned to perfection slow cooked to melt in your mouth. Served with a choice of one side.

18.99

Grilled Liver & Onions

Milk fed calves liver lightly dusted in seasoned flour and then pan seared. Served with a choice of two sides.

18.99

Roast Turkey Dinner

With stuffing, cranberry sauce, gravy. Speaks for itself. Homemade. Served with a choice of two sides. It's Thanksgiving every day at Sol Meyer!!

16.99

Queen Esther's Half Roasted Chicken

Expertly roasted. Crispy on the outside, juicy on the inside just like Bubbe used to make. Deli painted to perfection just like Esther. Served with a choice of two sides.

16.99

Chicken Schnitzel

Fresh chicken breast, lightly pounded, with Chef Sol's seasoned breading. Served with a choice of two sides.

16.99

Stuffed Chicken Breast with Gravy

Bubbe's herbed stuffing rolled between twin breasts. Served with a choice of two sides.

16.99

Boiled Chicken in the Pot

Chicken soup, egg noodle, matzo balls, kreplach. The best of the best!

18.99

SIDES

Sweet Noodle Kugel

4.99

Potato Kugel

4.99

Mushroom Barley

3.99

Kasha Varniskas

3.99

Mashed Potatoes

3.99

Potato salad

3.99

Macaroni salad

3.99

Mixed Vegetables of the day

3.99

* Food Advisory:

All our chopped steaks are cooked to the required minimum temperatures. Upon request, we will cook to your specifications. However, consuming raw or undercooked hamburgers may increase your risk of foodborne illness.

DESSERT

Worth gaining weight for...

Apple Strudel

Homemade with apples, nuts, crumbs.

7.99

Chocolate Babka

The most decadent chocolatiest babka you will ever find.

7.99

Homemade Cheese Cake

Chef Sol's award winner - everyone wants some!

7.99

BEVERAGES

Fountain Soda

We proudly serve Coke products: coke (regular or diet), sprite (regular or diet),

2.99

Dr. Brown's Soda "Imported from the old neighborhood"

All flavors: cream soda, black cherry soda, (both regular or diet) orange soda, ginger ale, root beer, cel-ray (celery-flavored) soda. Dr. Brown's sodas are the "taste of the town".

2.99

Old Fashioned Egg Cream

For those who are "in the know" this is the original recipe from Mendy Auster himself, of Lower Second Avenue. Made with Fox's Ubet syrup of course. Nothing else will do.

4.99

Dr. Brown's Cream Egg Cream

Chef Sol's over the top variation on the classic recipe using Dr. Brown's cream soda instead of seltzer. Too good to be true!

5.99

Sol Meyer Spritzer

Our own creation Manischewitz wine, seltzer, orange juice, pineapple juice and peach nectar.

5.99

Milk

2.99

Chocolate Milk

3.99

Bottled Water

2.75

Iced Tea

Freshly brewed served unsweetened.

2.99

Hot Tea

2.99

Coffee

Regular or Decaf. Served hot.

2.99

Sol Meyer
NY DELICATESSEN

BEER

DRAUGHT BEER

Bud	4.50
Bud Lite	4.50
Stella Artois	5.50
Big Top White Sand	6.50
Darwin IPA	6.50

BOTTLED BEER

Budweiser	4.50
Bud Lite`	4.50
Michelob Ultra	4.50

WINE

Ca Bellavitis Prosecco

Veneto, Italy. Elegant, extra dry, with a floral bouquet and a lingering apple finish.

Glass

8.00

Bottle

30.00

Fulkerson Reisling

Finger Lakes, NY. Semi-dry Reisling with floral aromas backed by tropical fruit. Flavors of crisp apple and ripe peach.

8.00

30.00

Blackburn Chardonnay

Monterey County, California. A bright Chardonnay with a fresh mouth feel. Aromas of lemon zest and flavors of tropical fruit. Well balanced mineralogy, with slight creamy nuances.

8.50

32.00

Grand Cru Pinot Noir

Napa & Sonoma, California. Aromas of raspberry, cherry and a hint of vanilla. Cherry and plum flavors. Soft velvety finish.

6.00

25.00

Blackburn Pinot Noir

Central Coast, California. Supple red fruits, toasty vanilla on the mid-palate. Light to medium bodied with a nutty oak finish.

8.00

32.00

Albertoni Merlot

Sonoma, California. Hints of wild berries and black pepper. On the palate, a smooth and complex body brings flavors of plum and black cherry. The finish is soft and satisfying.

6.00

25.00

Proulx Swiss Colina Zinfandel

Paso Robles, California. Offering aromas of violet and white pepper elegantly caressing the nose. The flavors of cinnamon and licorice and fruits of plum and prune. 93 points Wine Enthusiast.

9.50

38.00



SOME YIDDISH WORDS YOU MIGHT LIKE TO KNOW...

Baleboste

A good homemaker, a woman who's in charge of her home and will make sure you remember it.

Bupkes

Not a word for polite company. Bubkes or bobkes may be related to the Polish word for "beans", but it really means "goat droppings" or "horse droppings." It's often used by American Jews for "trivial, worthless, useless, a ridiculously small amount" – less than nothing, so to speak. "After all the work I did, I got bupkes!"

Chutzpah

Or khutspe. Nerve, extreme arrogance, brazen presumption. In English, chutzpah often connotes courage or confidence, but among Yiddish speakers, it is not a compliment.

Feh!

An expression of disgust or disapproval, representative of the sound of spitting.

Gornisht

More polite than bupkes, and also implies a strong sense of nothing; used in phrases such as "gornisht helfn" (beyond help).

Kibbitz

In Yiddish, it's spelled kibets, and it's related to the Hebrew "kibbutz" or "collective." But it can also mean verbal joking, which after all is a collective activity. It didn't originally mean giving unwanted advice about someone else's game – that's an American innovation.

Klutz

Or better yet, klots. Literally means "a block of wood," so it's often used for a dense, clumsy or awkward person. See schlemiel.

Kvetsh

In popular English, kvetch means "complain, whine or fret," but in Yiddish, kvetsh literally means "to press or squeeze," like a wrong-sized shoe. Reminds you of certain chronic complainers, doesn't it?

Maven

Pronounced meyvén. An expert, often used sarcastically.

Mentsh

An honorable, decent person, an authentic person, a person who helps you when you need help. Can be a man, woman or child.

Mishegas

Insanity or craziness. A meshugener is a crazy man. If you want to insult someone, you can ask them, "Does it hurt to be crazy?"

Nu

A general word that calls for a reply. It can mean, "So?" "Huh?" "Well?" "What's up?" or "Hello?"

Plotz

Or plats. Literally, to explode, as in aggravation. "Well, don't plotz!" is similar to "Don't have a stroke!" or "Don't have a cow!" Also used in expressions such as, "Oy, am I tired; I just ran the four-minute mile. I could just plotz." That is, collapse.

Shlemiel

A clumsy, inept person, similar to a klutz (also a Yiddish word). The kind of person who always spills his soup.

Shlimazel

Someone with constant bad luck. When the shlemiel spills his soup, he probably spills it on the shlimazel. Fans of the TV sitcom "Laverne and Shirley" remember these two words from the Yiddish-American hopscotch chant that opened each show.

Shmendrik

A jerk, a stupid person, popularized in *The Last Unicorn* and *Welcome Back Kotter*.

Shmaltzy

Excessively sentimental, gushing, flattering, over-the-top, corny. This word describes some of Hollywood's most famous films. From shmaltz, which means chicken fat or grease.

Shmooze

Chat, make small talk, converse about nothing in particular. But at Hollywood parties, guests often schmooze with people they want to impress.

Shtick

Something you're known for doing, an entertainer's routine, an actor's bit, stage business; a gimmick often done to draw attention to yourself.

